

**Series Title:** Fall Prevention Program Reboot

**Session Title:** QAPI Tactics for Sustaining Positive Outcomes

**Presentation Date:** 07/01/2026

**Presented By:**

- Liz Wheeler, RN, BSN, CHPN, IPCO, QCP, CDP
- Back Up Presenters:
- Janine Lehman, RN, RAC-CT, CLNC

**Contact Person:** Kayla Raes [kayla@proactiveltcexperts.com](mailto:kayla@proactiveltcexperts.com)

**Course Description:**

Falls remain one of the most frequent adverse events in skilled nursing facilities and are a key focus of QAPI and regulatory oversight. This presentation examines how an effective QAPI program can be used to reduce fall risk, prevent repeat falls, and improve resident outcomes through data-driven decision making. Participants will explore regulatory expectations, performance monitoring, root cause analysis, and sustainable improvement strategies that integrate interdisciplinary teamwork, staff accountability, and continuous monitoring. Emphasis is placed on moving beyond compliance to measurable, ongoing quality improvement.

**Projected Learning Outcomes/Course Objectives:** At the conclusion of each session, the learner will:

1. Describe regulatory and QAPI expectations related to fall prevention, investigation, and performance improvement in skilled nursing facilities.
2. Identify key data elements and indicators used to monitor fall trends, repeat falls, and high-risk residents within a QAPI framework.
3. Understand how to apply root cause analysis techniques to falls and fall-related injuries to identify system gaps.
4. Learn methods of developing targeted performance improvement interventions that address clinical, environmental, staffing, and process related fall risks.
5. Evaluate the effectiveness of fall prevention strategies using ongoing monitoring, audits, and outcome measures to sustain improvement.

<b><u>List Learning Objectives: What participants will gain from attending this session:</u></b>	<b><u>Content: Bullet-point list of information covered to meet learning objective</u></b>
Describe regulatory and QAPI expectations related to fall prevention, investigation, and performance improvement in skilled nursing facilities.	-Review of regulatory requirements related to incidents and accidents -Review of QAPI principles and requirements

Identify key data elements and indicators used to monitor fall trends, repeat falls, and high-risk residents within a QAPI framework	-Discussion of data and performance indicators determination and sources -Benefit of benchmark development
Understand how to apply root cause analysis techniques to falls and fall-related injuries to identify system gaps.	-Identification of trends -Application of root cause analysis to fall rate trends -Case scenario
Learn methods of developing targeted performance improvement interventions that address clinical, environmental, staffing, and process related fall risks.	-Application of root cause analysis to determine interventions -Incorporation of front-line staff -Communication strategies
Evaluate the effectiveness of fall prevention strategies using ongoing monitoring, audits, and outcome measures to sustain improvement.	-Audit examples and application -Data monitoring strategies -QAPI principles, including PDSA

### **Course Content**

10 minutes	Review of regulatory requirements
10 minutes	Identification of data elements and indicators
20 minutes	Root cause analysis and performance improvement development
15 minutes	Evaluation of effectiveness
5 minutes	Closing Comments/Q&A

**Target Audience:** Nursing Leadership, Nursing Home Administrators, Department Heads, Owners/Operators, QAPI team

**Instructional Level:** Intermediate

**Contact Hours:** 1.0